

Lent: 2017: The Journey Inward

The People and Clergy of Saint Bart's Episcopal Church, New York City

Session 5

▣ The Spiritual Discipline of Study

Remind me
again...

Why are we doing
this?

“The purpose of the
Spiritual Disciplines is
the total
transformation of
the person...”

It aims at replacing
old destructive
habits of thought
with new life-giving
habits.”

Richard Foster, Celebration of Discipline



“Finally, brethren,
whatever is true,
whatever is
honorable,
whatever is just...

...whatever is pure,
whatever is lovely,
whatever is gracious,

ANALYTICAL
CONCORDANCE
TO THE
HOLY BIBLE

YOUNG

ANALYTICAL
CONCORDANCE
TO THE
BIBLE

YOUNG

THE
English
Herap

FOR
REFERENCE ONLY

FOR
REFERENCE

THE HOLY LAND : A UNIQUE PERSPECTIVE

FOR
REFERENCE ONLY

0/221-43
MAN

FOR
REFERENCE ONLY

0/221-4
483
MAN
Baker Academic

Hand
and
Receipt

Concordance
to the
Septuagint

Second
Edition

Ancient
New Testament
Texts
Septuagint
Peshitta

0/221-4
484

FOR
REFERENCE ONLY

Hand and Receipt
Concordance to the Septuagint
Second Edition

FOR
REFERENCE ONLY

0/221-4
485

Hand and Receipt
Concordance to the Septuagint
Second Edition

FOR
REFERENCE ONLY

0/221-4
486

...if there is anything
worthy of praise,
think about these
things.” Phil. 4:8

The discipline of study is the primary vehicle to bring us to *think* about these things.

Richard J. Foster



What keeps us from
study?



Stu**dy**ing





STUDY in the Bible

The Old Testament instructs that the laws be written on gates and doorposts...

STUDY in the Bible

and bound to wrists...

STUDY in the Bible

...so that they shall be as frontlets between your eyes.”

Deuteronomy 11:18







Where do I begin?



HOLY
BIBLE

The Bible:

- The Pentateuch
(Genesis, Exodus,
Leviticus, Deuteronomy,
& Numbers)
- The Gospels
- The Epistles

Other books to consider...

- **The Confessions of Saint Augustine**
- **The Imitation of Christ** by Thomas a Kempis

- **The Journal of John Wesley**
- **A Serious Call to a Devout and Holy Life**
by William Law

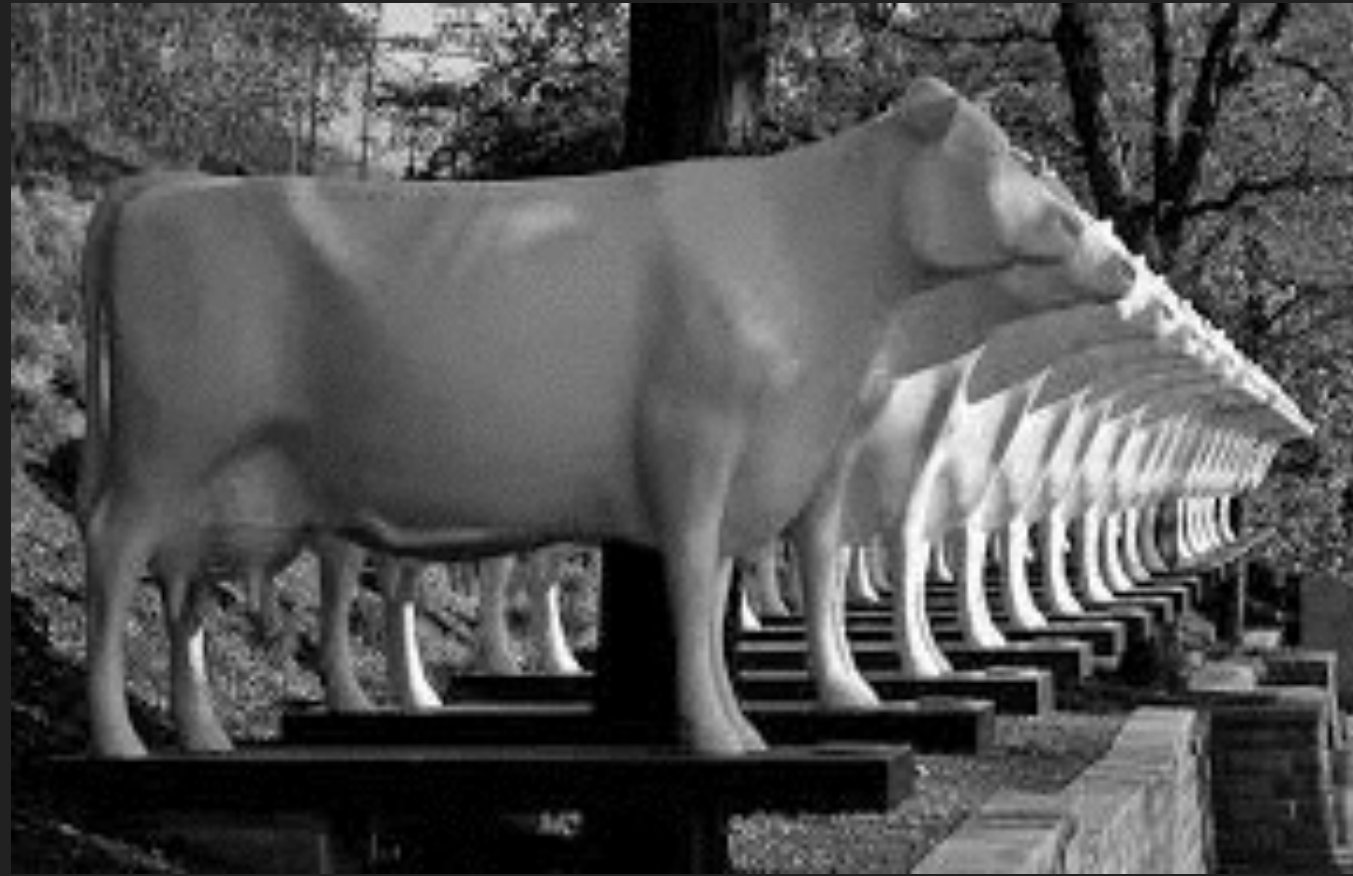
- **The Cost of Discipleship**
by Dietrich Bonhoeffer
- **Mere Christianity**
by C.S. Lewis



Four Steps...

Four Steps:

1. Repetition





**REPETITION
IS THE KEY
TO MASTERY**

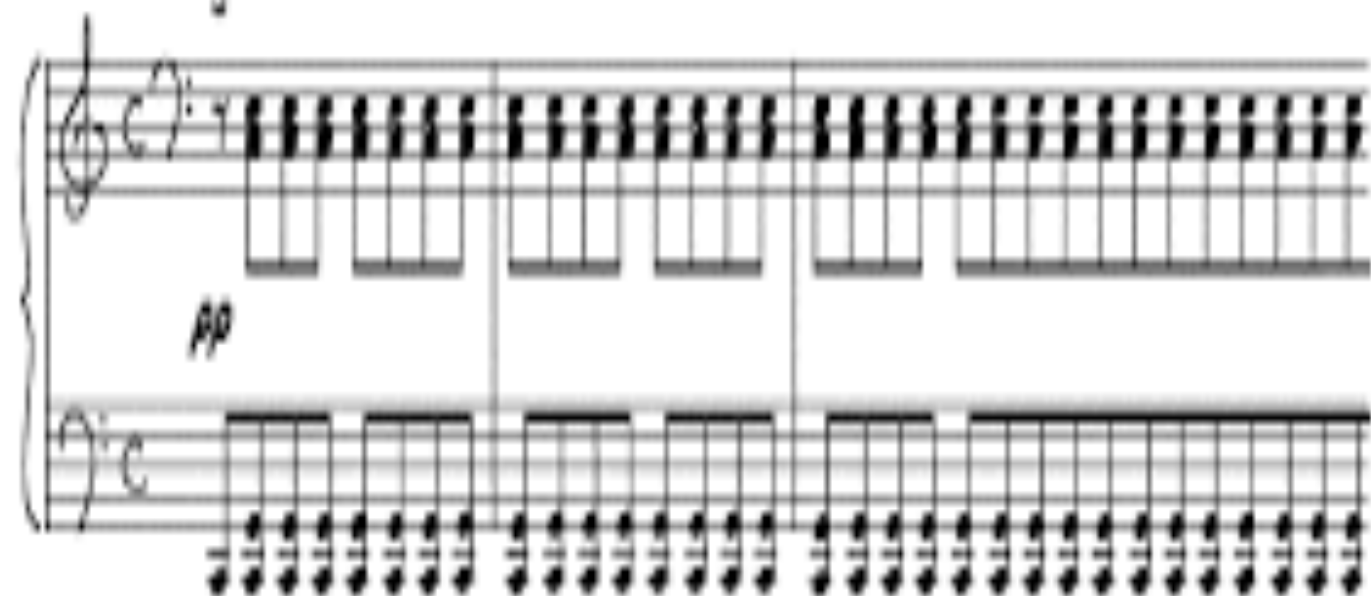
<http://salesmotivation.close.io>

 Close.io

Four Steps:

2. Concentration

Allegro con brio



HOW TO ANNOY A PIANIST





Four Steps:

3. Comprehension



Four Steps:

4. Reflection



What study can be...



I'VE GOT THOUGHTS

MORE TANGLED THAN



MY HEADPHONES

Study, like fasting or
prayer, is a bridge...



...that helps take you
across the things that
are between you and
God.



So, what if I want to
get serious about
study?

Education for Ministry

Reading and Reflection Guide

VOLUME C: Living as Spiritually Mature Christians

- THURMAN Jesus and the Disinherited
- THURMAN Jesus and the Disinherited
- THURMAN Jesus and the Disinherited
- THURMAN Jesus and the Disinherited
- THURMAN Jesus and the Disinherited
- THURMAN Jesus and the Disinherited


INTRODUCING THE NEW TESTAMENT

A Historical, Literary, and Theological Survey



MARK ALLAN POWELL

- Education for Ministry
(EFM)
- Bible Study
- Schools for Ministry
- Seminary



“Prayer does not fit us for the
greater work....”

Prayer **is** the greater work.”

“Prayer catapults us
onto the frontier of the
spiritual life.

It is original research in
unexplored territory.”

Richard Foster, Celebration of Discipline